

# Catalogue **2011**



**SEEd**  
medical publishers

Dear Reader,

Welcome to SEEd's new and updated Catalogue.

Over 2011 SEEd's production has seen many changes.

We firmly believe that technology is not antithetical to publishing. On the contrary, innovation is essential to enhance the access and usage of contents. That's why we launched the complete **e-book collection**: they not only offer additional features such as free-text searching, and interactive links, but are completed by downloadable tools, such as software and calculators, which have been studied to be useful to those on the front line of medical care.

Since health care literature dissemination is part of our core mission, we decided to experiment the open access model. Our latest biomedical journal, **Reviews in Health Care**, is now fully **open access** and indexed in the most important open access databases, such as DOAJ. SEEd is currently listed among the green publishers in SherpaRomeo.

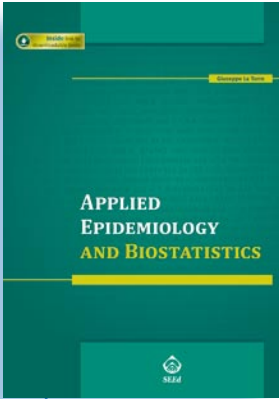
Finally, we increased the number of international authors and reviewers and we consistently improved the **production of English books**. Our catalogue is outfitted with new and forthcoming English titles, such as "Chemotherapy Regimens in Rare Solid Tumors" and "Atlas of Nerve Conduction Studies and Electromyography".

In conclusion, we hope you'll find something of interest in this catalogue. For more information, please visit our website [www.edizioniseed.it](http://www.edizioniseed.it) or contact us at [info@edizioniseed.it](mailto:info@edizioniseed.it)

## About

SEEd is an Italian medical publishing house, founded in 2000 and based in Turin. Through collaborations with Italian and international opinion leaders and partnerships with all the leading Pharmaceutical Companies, SEEd publishes a suite of high quality, practical, and innovative contents: medical books, e-books, CD roms, mobile applications, and biomedical journals.





# APPLIED EPIDEMIOLOGY AND BIOSTATISTICS

Giuseppe La Torre



In English

17 x 24 cm  
400 pages

E-book format:  epub,  pdf

September 2010

Printed ISBN 978-88-8968-849-6

Ebook ISBN 978-88-8968-856-4

Inside link to downloadable tools

In the era of Evidence Based Medicine, health professionals are required to fully understand design, analysis and interpretation of the results of research. Furthermore, they should be able to assess the needs of their communities and respond accordingly. To achieve these goals, clinicians need to be familiar with the basic concepts of epidemiology and biostatistics. But epidemiology is more than “the study of.” Its application and practice are essential to address public health issues. That is why this book provides not only the theory, but also the opportunity of applying it in practice. In fact, each chapter presents one or more specific examples on how to perform an epidemiological or statistical data analysis and includes download access to the software and databases, giving the reader the possibility of replicating the analyses described. The final purpose is, therefore, to introduce epidemiologic and biostatistical methods as applied to clinical research, and to develop proficiency with computer software for performing the analysis of clinical datasets.

## Contents

- Introduction
- Analysis of observational studies
- Analysis of clinical trial systematic reviews
- Surveillance studies and genetic epidemiology
- Descriptive statistics
- Hypothesis testing
- Multivariate analysis

## Author

**Giuseppe La Torre.** *Department of Public Health and Infectious Diseases, “Sapienza” University of Rome, Italy*

## Readership

Public Health practitioners, clinicians, health managers, teachers of epidemiology, teachers of biostatistics

Forthcoming

Title

# ATLAS OF NERVE CONDUCTION STUDIES AND ELECTROMYOGRAPHY

Giuliano Gentili, Mario Di Napoli



In English

17 x 24 cm

E-book format:  epub,  pdf

Forthcoming December 2011

Inside link to downloadable videos

The goal of this atlas is to help the basic electromyographer to perform an efficient, thorough, minimally noxious conduction study and needle electrode examination. The atlas is divided into different volumes: upper limb; lower limb; head, neck and trunk. Each muscle supplied by the peripheral nerve is shown in an anatomical illustration and in a corresponding human photograph. The illustration shows the root, plexus, and peripheral nerve supply to the muscle. It offers a detailed coverage of surface anatomy for needle electromyography and shows where to place the needles for each muscle. Written text provides information about its origin, insertion, innervation, and action. Optimal patient positioning and the needle electrode location, as well as the brief clinical notes, allow easy access to any relevant topics. The last section outlines the clinical conditions and entrapment syndromes that affect the nerve and muscle, including a list of the aetiologies, clinical features, and electrodiagnostic strategies used for each syndrome.

## Contents

First volume (Upper limb):

- Electromyography (EMG): brachial plexus; dorsal scapular nerve; suprascapular nerve; subscapular nerve; axillary nerve; long thoracic nerve; musculocutaneous nerve; radial nerve; pectoral nerves; thoracodorsal nerve; median nerve; ulnar nerve
- Nerve conduction studies (ENG): dorsal scapular nerve; suprascapular nerve; axillary nerve; long thoracic nerve; musculocutaneous nerve; lateral antebrachial cutaneous nerve; radial nerve; posterior interosseous nerve; posterior antebrachial cutaneous nerve; medial antebrachial cutaneous nerve; thoracodorsal nerve; median nerve; anterior Interosseous nerve; mixed nerve conduction study; ulnar nerve

## Authors

**Giuliano Gentili, Mario Di Napoli.** *Neurological Service, San Camillo de' Lellis General Hospital, Rieti, Italy*

## Readership

Neurologists



# CHEMOTHERAPY REGIMENS IN RARE SOLID TUMORS

Alessandro Comandone



In English

11 x 16 cm

146 pages

E-book format:  epub,  pdf

September 2011

Printed ISBN 978-88-9741-907-5

Ebook ISBN 978-88-9741-908-2

Rare tumors (RT) are an increasing problem in oncology. The aim of this book is to offer a little help in spreading the knowledge of low-incidence tumours in oncology, in order to alert the nonexpert clinician to take them into consideration, and to show the most accredited and updated medical treatment for some of the rare oncologic diseases. This booklet is not conclusive, but we hope to give help in prescribing treatments for the main RT, underlining the need of a multidisciplinary approach in these tumours, as well as cooperation with the centers of expertise.

For the sake of brevity and competence, only solid RT are included; for the lymphoproliferative or haematologic low-incidence diseases we refer to haematologists. Each chapter provides brief information about the epidemiology and clinical aspects for every RT; and, following each chemotherapy schedule, we report a short description of the haematologic toxicities related to the treatment.

## Contents

- Rare tumors of the thorax
- Endocrine glands tumors
- Neuroendocrine tumors
- Rare gynaecologic tumors
- Rare tumors of male genital tract
- Sarcomas and GIST
- Head and neck rare tumors
- Gastrointestinal rare tumors
- Rare tumors of the skin
- Rare tumors of urinary tract

## Author

**Alessandro Comandone.** *Department of Oncology. Gradenigo Hospital, Torino, Italy*

## Readership

Oncologists

## Sponsored Edition

Sandoz



# DRUGS AND LABORATORY PARAMETERS

Achille Patrizio Caputi, Giuseppina Fava



In English

12 x 17 cm

200 pages

E-book format:  epub,  pdf

September 2010

Printed ISBN 978-88-8968-895-3

Ebook ISBN 978-88-8968-855-7

Even if clinical and laboratory parameters can be considered as predictors for ADRs, the possibility of a drug-related variation of blood tests is seldom taken into consideration. Aim of this easy-to-read book is to help physicians in the routine interpretation of laboratory results, drawing their attention to the possibility that abnormal laboratory results may be drug-related. The book describes the most common variations (increase/decrease) of blood parameters that can be caused by drugs intake. Functions of each blood parameter are schematically reported, together with its standard blood concentration and a list of the most common diseases for whose diagnosis that test is performed. Active principles are then listed, that can cause an increase or a decrease of that parameter.

## Contents

- Preface
- Introduction
- Diagnostic tests
  - Cardiovascular diseases
  - Haematologic diseases
  - Digestive diseases
  - Bone diseases
  - Flogistic diseases
  - Hypophysis in endocrine diseases
  - Parathyroid in endocrine diseases
  - Corticoadrenal diseases
  - Renal diseases
  - Endocrine gonadic diseases

## Authors

**Achille Patrizio Caputi.** *Full Professor of Pharmacology, University of Messina, Italy*

**Giuseppina Fava.** *Department of Pharmacology, University of Messina, Italy*

Preface by Prof. **Nicholas Moore.** *Department of Pharmacology, University of Bordeaux, France;*

and by Prof. **Francesco Salvo.** *Department of Pharmacology, University of Messina, Italy*

## Readership

Relevant to all the healthcare professionals: general practitioners, specialists, nurses, pharmacists, students

## Sponsored Edition

Sanofi Egypt

Forthcoming

Title

# INTENSIVE CARE IN NEUROLOGY AND NEUROSURGERY

Daniel Agustín Godoy



In English

17 x 24 cm

E-book format:  epub,  pdf

Forthcoming January 2012

Neuromonitoring is the tool of trade in intensive care, and should incorporate cutting edge technology with patience, repeated clinical observation, careful identification of neuroworsening. The aim of the book is to be of practical use, and to assist the clinical practice of the busy physician. The clinical examination belongs to the introductory section of the book, and an abundance of technology, with specific emphasis on the importance of intracranial pressure, comes in the following parts. Since the patient with an injured brain can have chances only if other organs and systems (as the lungs, and the acid-base equilibrium etc.) are preserved, a section of the book covers the interactions between the affected brain and other organs. The way the brain reacts to different insults has common aspects, as inflammatory responses, oedema etc., but also specific features. Sections five to nine summarize the most relevant pathologies, from ischemic to haemorrhagic lesions, trauma, tumors etc. and also mention new-comers, as the specific problems related to the expanding field of neuro-radiological interventions. Finally, neurointensive care does not exist without knowledgeable nurses. The intracranial pressure measurement starts (or unfortunately ends) with a catheter well maintained, and that becomes vital when the drainage of hydrocephalus is concerned. Dealing with patients with severe brain damage has plenty of ethical implications, up to the problems related to brain death and organ donation.

## Contents

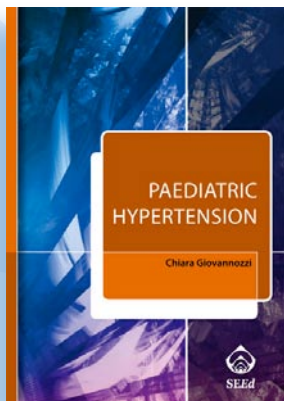
- Neuroinjury introduction
- Neuromonitoring
- General support
- Intracranial hypertension
- Traumatic injury
- Cerebrovascular diseases
- Infectological aspects in NICU
- Frequent problems
- Disorders with special considerations
- Milestones that we should not forget in neurocritical care

## Author

**Daniel Agustín Godoy (editor).** *Unidad de Cuidados Neurointensivos. Sanatorio Pasteur. Catamarca, Argentina*

## Readership

Neurologists



# PAEDIATRIC HYPERTENSION

Chiara Giovannozzi



In English

12 x 17 cm

68 pages

E-book format:  epub,  pdf

September 2010

Printed ISBN 978-88-8968-894-6

Ebook ISBN 978-88-8968-852-6

Includes downloadable software

The first aim of this book is to remind all paediatricians that hypertension in children does exist, and that it can be easily diagnosed and managed.

The covered topics range from the regulation of blood pressure and its assessment in children to day-to-day management. The **included calculator** provides a hypertension assessment software: entering data about sex, height, systolic and diastolic pressure, the program indicates the presence and severity of hypertension. On the basis of international guidelines, it further suggests the opportunity of a treatment and helps to choose the appropriate among behavioural or pharmacological alternatives.

## Contents

- Introduction
- Definitions
- Blood pressure measurement in children
- Essential and secondary hypertension in children
- Evaluation of paediatric hypertension
- Anti-hypertensive therapies
- Follow-up
- Appendix

## Author

**Chiara Giovannozzi.** *Paediatrician, Carmagnola Hospital (Torino), Italy*

## Readership

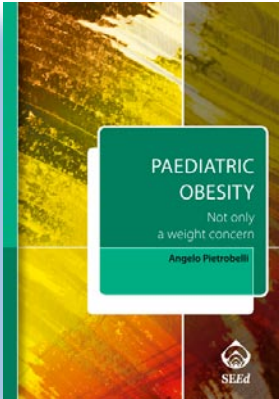
Paediatricians

## Sponsored Edition

Abiogen Pharma

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«The book has the unquestionable merit to remember to each paediatrician that paediatric hypertension does exist, providing a quick but scientifically reliable source to plan diagnosis and therapy». N. Ferraro, *Torino Medica*



# PAEDIATRIC OBESITY

## Not only a Weight Concern

Angelo Pietrobelli



In English

12 x 17 cm  
76 pages

E-book format:  epub,  pdf

September 2010

Printed ISBN 978-88-8968-893-9

Ebook ISBN 978-88-8968-853-3

Includes downloadable software

Childhood obesity is increasing, especially in Western Countries. Overweight and obese children are more likely to become obese adolescents and obese adults, with obvious physical and psychosocial consequences, and economic expenditures for Healthcare Systems. Based on the American Academy of Pediatrics (AAP) guidelines, this book provides paediatricians with recommendations and advices for adequate treatment and management of obesity and overweight in young patients. The included **BMI-percentile-for-age calculator** supplies the right treatment strategy in accordance with AAP guidelines.

### Contents

- Introduction
- Medical examination
- Treatment tools
- Treatment steps
- Conclusions
- Appendix

### Author

**Angelo Pietrobelli.** *Clinical Paediatrics, University of Verona, Italy. College of Physicians and Surgeons, Columbia University, New York, USA*

Preface by **Steven B. Heymsfield**, MD Executive Director Pennington Biomedical Research Center

### Readership

Pediatricians

### Sponsored Edition

Abiogen Pharma

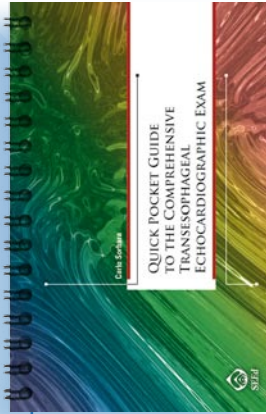
# QUICK POCKET GUIDE TO THE COMPREHENSIVE TRANSESOPHAGEAL ECHOCARDIOGRAPHIC EXAM

Carlo Sorbara



In English

19 x 12 cm  
112 pages  
May 2008  
Printed ISBN 978-88-8968-821-2



Transesophageal echocardiography (TEE) is the biggest leap in hemodynamic monitoring, and provides distinct real time images of the heart. An evaluation by TEE may be required to obtain the most precise information to guide surgical intervention and pharmacological support or fluid administration in the perioperative period.

The purpose of this guide is to provide quick and convenient access to a selection of different TEE cross sections. The illustrated views are semischematic representations presented in their ideal shape.

The placement of TEE probe and the acquisition and interpretation of the information obtained from TEE are described, as well as abbreviations and reference limits of cardiac measurements and hemodynamic parameters.

## Contents

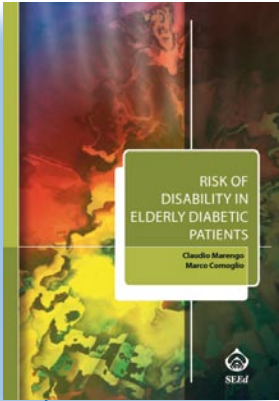
- Preface
- General overview
- General principles
- Standard TEE cross sections: anatomic correlations
- Standard basic TEE exam
- Cardiac measurements and hemodynamic parameters: abbreviations, definitions, formulas, and reference limits

## Author

**Carlo Sorbara.** *Department of Anaesthesia and Intensive Care, Hospital Medical Center "S. Maria di Ca' Foncello", Treviso, Italy*

## Readership

Anaesthetists, postgraduate students in anaesthesia and cardiology



# RISK OF DISABILITY IN ELDERLY DIABETIC PATIENTS

Claudio Marengo, Marco Comoglio



In English

12 x 17 cm  
104 pages

E-book format:  epub,  pdf

September 2011

Printed ISBN 978-88-9741-910-5

Ebook ISBN 978-88-9741-906-8

In elderly population, diabetes is often associated with a wide range of complications and comorbidities that can affect the patients' ability to care for themselves, thus complicating the medical assistance. Furthermore, old patients frequently have to follow polypharmacy regimens, that can increase adverse events and drug-drug interactions and reduce the compliance to hypoglycemic agents.

The book provides an overview of the most common diabetes-related complications, supporting the clinician in the management of type 2 diabetes in the elderly: from the diagnosis of each complication, to the role of the pharmacological and non-pharmacological interventions.

## Contents

- Introduction
- Quality of life and functional decline in the elderly diabetic patient
- Eye complications
- Falls in elderly people
- Depression
- Dementia and cognitive disturbances
- Dyslipidemia and cardiovascular risk
- Diabetes treatment in elderly people

## Authors

**Claudio Marengo.** *Internal Medicine Director, Santa Croce Hospital, Moncalieri (Torino), Italy*

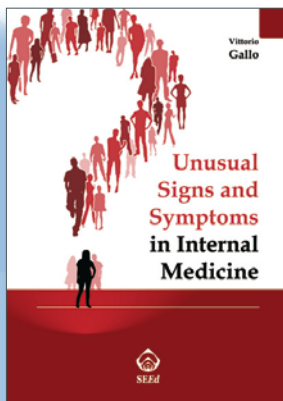
**Marco Comoglio.** *Diabetes specialist, ASL To5, Moncalieri (Torino), Italy*

## Readership

General practitioners, diabetes specialists, geriatricians, internists

## Sponsored Editions

Abiogen Pharma, Sanofi Aventis



# UNUSUAL SIGNS AND SYMPTOMS IN INTERNAL MEDICINE

Vittorio Gallo



In English

12 x 17 cm

54 pages

E-book format:  epub,  pdf

September 2011

Printed ISBN 978-88-9741-909-9

Ebook ISBN 978-88-9741-904-4

Despite the introduction of innovative technologies and accurate laboratory techniques, an adequate anamnesis still remains the most important tool to develop a correct diagnosis. When signs and symptoms described by the patients are unusual, the correct identification of the disease becomes a very hard challenge for the clinicians. This book aims at providing a support in the interpretation of the most unusual signs and symptoms that can be encountered in the clinical practice. Each sign is described in concise way (one sign/one page): a full description of the symptoms as experienced by the patient is given, followed by its clinical meaning, the diagnosis and therapeutic approach.

The book collects 30 unusual symptoms that could be encountered by the clinicians.

## Contents

Some of the unusual symptoms described are:

- An irrepresible desire to eat ice
- Loss of taste for cigarettes
- A beard shaving-syncope
- An inopportune laughter
- Silver colour faeces
- Rhythmic joltings and swingings of the head

## Author

**Vittorio Gallo.** *Institute of Internal Medicine, University of Torino, Italy*

## Readership

General practitioners, internists



# ACUTE PULMONARY THROMBOEMBOLISM

## From Pathophysiology to Follow-up

Luca Masotti



In Italian

12 x 17 cm  
136 pages

E-book format:  epub,  pdf

March 2009

Printed ISBN 978-88-8968-839-7

Ebook ISBN 978-88-8968-874-8

Acute pulmonary thromboembolism is an important cause of in-hospital mortality. Despite guidelines' recommendations, multiple studies demonstrate underutilization of adequate prophylaxis. The diagnosis of pulmonary thromboembolism is often difficult due to unspecific presentation, and treatment must be individualised appropriately for each patient on the basis of clinical risk. The patient's condition also requires careful monitoring. Based on the most recent guidelines of the European Society of Cardiology, this book is therefore an useful tool for all the physicians involved in prevention, diagnosis and therapy of pulmonary thromboembolism.

### Contents

- Preface
- Epidemiology, pathophysiology and risk factors
- Clinical presentation and diagnosis
- Prognostic stratification Prophylaxis and therapy
- Follow-up
- Exemplifying iconography

### Authors

**Luca Masotti (editor).** *Internal Medicine, Cecina Hospital, Cecina (Livorno), Italy*

### Readership

Cardiologists, pneumologists, haematologists, surgeons, internists, general practitioners

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«Masotti's compendium can assist every specialist coping with this underhand disease, defined by Braunwald "the great simulator"» D. Bellantonio, M. Oppizzi, *HSR Proceedings*

# ANTIFUNGAL AGENTS

## Clinical and Pharmacological Aspects for a Rational Choice

Federico Pea



In Italian

Federico Pea

### FARMACI ANTIFUNGINI

Aspetti farmacologico-clinici  
per una scelta ragionata



12 x 17 cm

96 pages

E-book format: epub, pdf

February 2009

In the last 10 years, many new therapeutic options have been developed for the management of invasive fungal infections.

Old drugs – such as polyenes, and especially amphotericin B – have been improved using pharmaceutical technology, like lipidic formulations, to increase their safety. New interesting molecules, such as voriconazole and posaconazole, have enriched the class of triazoles. The recently introduced echinocandins have shown a better tolerability, thanks to their selective toxicity.

This book aims to provide the clinicians with auxiliary tools for a rational choice of the right antifungal agent, taking into account the results of clinical trials and the pharmacological-clinical aspects in relation to different pathophysiological and pharmacological conditions.

### Contents

- Introduction
- Choice criteria for antifungal agents
- Pharmacokinetic interactions
- Antifungal agents and pathophysiological states
- Therapeutic monitoring of plasmatic concentrations of antifungal agents
- The pharmacokinetic rationale on antifungal agents' choice with reference to the infection site
- Antifungal agents and biofilms
- Combinations of antifungal agents: theoretical rationale and perspectives of use

### Author

**Federico Pea.** *Clinical Pharmacology Institute, University of Udine, Italy*

### Readership

Infectologists, hospital physicians, general practitioners

### Sponsored Edition

Pfizer



# ARIADNE'S FATE

## Handbook for a Critical Use of Guidelines

Giovanni Pomponio



In Italian

12 x 19 cm

192 pages

E-book format:  epub,  pdf

July 2009

Printed ISBN 978-88-8968-843-4

Ebook ISBN 978-88-8968-878-6

To help healthcare professionals in making clinical, managerial and assistential decisions, thus orientating themselves in the labyrinth of the large amount of information produced by research and by technological advances, new specific editorial resources have arisen: guidelines, systematic reviews and Health Technology Assessment reports. Nevertheless, without sufficient competence for a deep comprehension, the temptation to desert the guidance supplied by those documents become irresistible.

This book provides clinicians with abilities to read and evaluate guidelines, enabling them to search, assess and use these documents in everyday practice, in order to prevent the Ariadne's fate, that is to say the abandonment.

### Contents

- Introduction
- Evidence-based clinical practice
- Systematic reviews and meta-analysis
- Guidelines
- The grading strength of recommendations. The GRADE system
- Evaluating guidelines quality. The AGREE project
- The search for supplementary studies
- Appendix

### Author

**Giovanni Pomponio.** *Institute of Internal Medicine, University of Ancona, Italy*

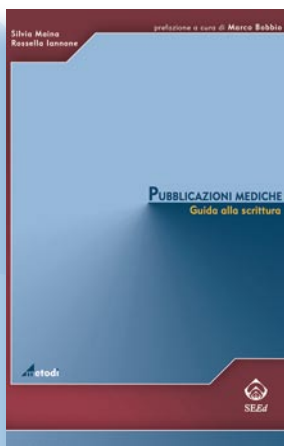
### Readership

Specialists, researchers, students of medicine

### Sponsored Edition

Schering Plough

«SEEd's idea to publish quick and concise handbooks on important clinical and methodological aspects is, in my opinion, absolutely positive. It is an uncommon editorial choice, especially in Italy where there is still a predilection for prolix and uncomfortable-to-read manuals» G. Bert. Communication and Counselling Department. Institute "Change", Torino



# BIOMEDICAL LITERATURE

## A Guide to Medical Writing

Silvia Maina, Rossella Iannone



In Italian

12 x 19 cm

128 pages

E-book format:  epub,  pdf

February 2007

Printed ISBN 978-88-8968-806-9

Ebook ISBN 978-88-8968-859-5

This book is a guide for clinicians who want to learn how to translate observations and ideas from their practices into written form and eventually into print.

Loaded with practical advice and real-world examples, this text benefits readers who are new to medical writing and those who have already authored articles and want to improve. Technical aspects of preparing and submitting manuscripts to biomedical journals are examined, as well as ethical principles related to the process of evaluating, improving, and publishing.

### Contents

- Preparing a manuscript for submission to biomedical journals
- Medical publishing and ethical aspects
- How to submit an article to a medical journal
- Case reports and PowerPoint® slides

### Authors

**Silvia Maina.** Editor, SEEd, Torino, Italy

**Rossella Iannone.** Editor, SEEd, Torino, Italy

Preface by **Marco Bobbio.** Department of Cardiovascular Disease, Santa Croce-Carle Hospital, Cuneo, Italy

### Readership

Clinicians, researchers

### Sponsored Editions

Novartis, Mundipharma

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«Silvia Maina, with a degree in Pharmaceutical Chemistry, and Rossella Iannone, with a degree in Modern Letters, are complementary in formation. The result of this cooperation is an enjoyable guide to medical writing that, in no more than 100 pages, provides advices on how to publish – that is to say, how “to make publicly known” – the results of a clinical study». P. Baima Bollone, *Torino Medica*



# CLINICAL MYCOLOGY

## Laboratory Handbook

Giulia Morace, Luciano Polonelli



In Italian

12 x 17 cm

72 pages

E-book format:  epub,  pdf

September 2008

Fungal infections show a wide and diversified variety of clinical manifestations, that make their diagnosis often difficult; nonetheless an early identification is essential for the success of the treatment. Therefore mycological investigations are fundamental: they can support the clinician in the identification of the etiological agent and in the determination of its sensibility to antifungal drugs.

The text describes the laboratory techniques and procedures that can help internists, paediatricians, haematologists, oncologists, and infectologists in the diagnosis, often difficult, of fungal infections.

### Contents

- Introduction
- Laboratory procedures for the diagnosis of fungal infections
- Laboratory procedures for the therapy of fungal infections

### Authors

**Giulia Morace.** *Department of Public health, Microbiology - Virology, Microbiology Division, Faculty of Medicine and Surgery, University of Milano, Italy*

**Luciano Polonelli.** *Department of Pathology and Laboratory Medicine, Microbiology Division, Faculty of Medicine and Surgery, University of Parma, Italy*

### Readership

Infectologists, internists, laboratorists and specialists (oncologists, paediatricians, haematologists)

### Sponsored Edition

Pfizer



# COMMUNICATION IN MEDICINE

## Collaboration among Healthcare Professionals

Iole Simeoni, Anna Maria De Santi



In Italian

12 x 19 cm

108 pages

E-book format:  epub,  pdf

June 2009

Printed ISBN 978-88-8968-841-0

Ebook ISBN 978-88-8968-876-2

Comprehensive care for people, especially those with chronic conditions or comorbidities, require the cooperation of many specialists. Therefore effective and timely communication among all the healthcare professionals involved is essential for quality patient care.

The text reports the principle causes of poor communication and conflict among professionals and provides suggestions to increase the cooperation and the exchange of opinions, illustrating concrete examples of the most common situations encountered in clinical practice (for example the request of a specialist consultation, the relationship between doctors and nurses, the information that should be included in a demission letter).

### Contents

- Introduction
- Collaboration between healthcare professionals
- Communication between in-hospital and out-hospital care
- Doctors-nurses relationship
- Communication and cooperation in working teams
- Multi-professional working teams: strategies to improve collaboration

### Authors

**Iole Simeoni.** *Pneumologist at San Filippo Neri Hospital, Rome, Italy. Manager of communication training for hospital staff working in groups*

**Anna Maria De Santi.** *Sociologist and Senior Manager, Public Health Agencies Training, Lazio Region, Italy*

### Readership

Relevant to all the healthcare professionals: general practitioners, specialists, nurses, pharmacists, students

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«The two authors, a sociologist and a clinician, are an interesting example of fruitful cooperation and effective communication: the clinician focuses on practical problems, while the sociologist provides her methodological and theoretic expertise to find shared solutions». P. Vigorelli, *Formalzheimer online*



# DELLO BUONO'S METHOD FOR THE TREATMENT OF MUSCULAR AND ARTICULAR MOBILITY

Giuseppe Dello Buono



In Italian

17 x 24 cm

E-book format:  epub,  pdf

Forthcoming January 2012

Includes downloadable videos

Massage involves acting on and manipulating the body with pressure, tension, motion, or vibration. There is emerging high quality evidence to support that medical massage can be useful in rehabilitation in case of muscular or bones diseases. Furthermore such interventions can offer significant benefits to individuals with pain.

With the aid of photographs, anatomic schemes, and videos, this book describes the technique developed by Dr Dello Buono. This method, based upon the deep study of the mechanisms and features of the anatomy of the human body, is the result of 35 years of scientific research and clinical practice.

## Contents

- Introduction
- Human musculoskeletal system (function and diseases that can be treated with massage)
- Effects of the massage on other apparatus: cardiovascular, gastrointestinal, nervous, tegument, etc.
- Massage equipment and oils - Kinds of massage: rehabilitative, therapeutic, sportive
- Dello Buono's technique: principles and practice (upper limbs, lower limbs, feet, cervical, back, etc.)
- Questions and answers

## Author

**Giuseppe Dello Buono.** *Physiotherapist and massage trainer*

Preface by Prof. **Valter Santilli.** *Medicine and Rehabilitation. La Sapienza University. Rome, Italy*

## Readership

Physiotherapists



# DRUGS IN THE ELDERLY

## Guide to Polypharmacy

Andrea Corsonello, Sabrina Garasto, Francesco Corica



In Italian

12 x 19 cm

104 pages

E-book format:  epub,  pdf

September 2009

Printed ISBN 978-88-8968-845-8

Ebook ISBN 978-88-8968-880-9

Polypharmacy is highly prevalent in the elderly due to an increased number of comorbidities that accompany aging. Polypharmacy is often essential for the management of geriatric patients, but it is potentially associated with risks for side effects, medication interactions, and decreased adherence.

A thorough medication assessment for each patient is essential when determining pharmacotherapeutic options in the elderly.

The book analyses all the different aspects of polypharmacy in the elderly, from pharmacokinetics implications to dosage management, providing some case reports to better explain problems encountered and to suggest strategies. The aim is to help physicians in evaluating risk and benefits of polypharmacy.

### Contents

- Elderly people and drugs usage
- Pharmacological basis of polypharmacy assumption
- Risks and benefits of polypharmacy
- The adequate management of doses
- The risk of excessive drugs assumption
- Case reports
- Conclusions

### Authors

**Andrea Corsonello.** *Italian National Research Center on Aging (INRCA), Cosenza, Italy*

**Sabrina Garasto.** *Biologist, Italian National Research Center on Aging (INRCA), Cosenza, Italy*

**Francesco Corica.** *Professor of Geriatrics. Department of Internal Medicine, University of Messina, Italy*

### Readership

Geriatrists, general practitioners

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«This handbook gives to reader instruments to evaluate prescription appropriateness and try to reduce the assumption of inadequate or harmful drugs in elderly people or instead to introduce useful therapies». A. Nobili, *Ricerca & Pratica*

# DYSIMMUNE NEUROPATHIES: CLINICS AND TREATMENT

Dario Cocito



In Italian



12 x 17 cm

92 pages

E-book format:  epub,  pdf

September 2011

Printed ISBN 978-88-8968-890-8

Ebook ISBN 978-88-8968-891-5

The peripheral neuropathies affect in a widespread manner the peripheral nervous system; among these, the acute and chronic dysimmune neuropathies are an emerging chapter, both for the possibility of existing treatments, and for the costs and the risks sometimes connected with their management. The book is organised in three parts. The first provides a general description of anatomy, classification and diagnosis of neuropathies. The second examines the most common dysimmune neuropathies: for every neuropathy there is chart with epidemiology, aetiology, diagnosis and therapeutic indications. The third part deals with the neuropathic pain. The aim of the book is providing in a schematic and user-friendly way a survey on these pathologies, addressing the physician to the correct detection and management.

## Contents

- Introduction
- Part I: Main features of the peripheral neuropathies
  - Recall of anatomy and physiology of the peripheral nervous system
  - Anatomical pathology of the peripheral nerves
  - Diagnostic approach to the neuropathies
  - Classification of the peripheral neuropathies
  - Laboratory analyses
  - Nerve biopsy
  - Study of conduction velocity
  - Clinical-electrophysiologic correlations
- Part II: Clinics and treatment of the dysimmune polyneuropathies
  - Definition of dysimmune neuropathy
  - The Guillain-Barré syndrome
  - Chronic inflammatory demyelinating polyneuroradiculopathy
  - Paraproteinemic polyneuropathy
  - Multifocal motor neuropathy
  - Paraneoplastic syndrome of the peripheral nerves
- Part III: The neuropathic pain

## Author

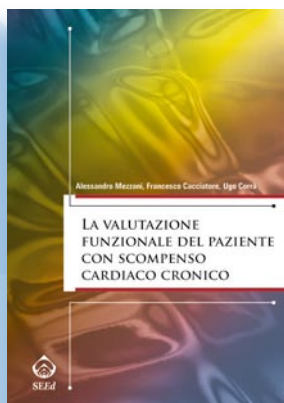
**Dario Cocito.** *UOC Neurologia IV, Department of Neuroscience, AOU S. Giovanni Battista, Torino, Italy*

## Readership

Neurologists, internists, general practitioners

# FUNCTIONAL EVALUATION OF THE PATIENT WITH CHRONIC HEART FAILURE

Alessandro Mezzani, Francesco Cacciatore, Ugo Corrà



In Italian

12 x 17 cm

96 pages

E-book format:  epub,  pdf

December 2008

Printed ISBN 978-88-8968-835-9

Ebook ISBN 978-88-8968-870-0

Chronic heart failure has a great impact on patient's quality of life. The physiologic response to progressive exercise provides the physician with relevant information for clinical decision making and can represent an useful tool to assess the development of the disease and the effectiveness of pharmacological therapies.

The book offers an overview on the principles of exercise testing and interpretation, for example cardiopulmonary exercise test and walking test, including pathophysiology and clinical applications, with particular attention to geriatric patients with disability.

## Contents

- Introduction
- Pathophysiology of exercise in chronic heart failure
- Evaluation methods
- Evaluation and rehabilitation protocols

## Authors

**Alessandro Mezzani.** *Division of Cardiology, Salvatore Maugeri Foundation, IRCCS, Veruno (Novara), Italy*

**Francesco Cacciatore.** *Division of Cardiology, Salvatore Maugeri Foundation, IRCCS, Veruno (Novara), Italy*

**Ugo Corrà.** *Division of Cardiology, Salvatore Maugeri Foundation, IRCCS, Veruno (Novara), Italy*

## Readership

Cardiologists, general practitioners



# GENDER PHARMACOLOGY

Flavia Franconi, Simona Montilla, Stefano Vella



In Italian

17 x 24 cm

168 pages

E-book format:  epub,  pdf

September 2010

Printed ISBN 978-88-8968-851-9

Ebook ISBN 978-88-8968-884-7

Despite the fact that women are the main drugs consumers, randomised clinical trial are usually performed on young males. Gender pharmacology has been developed to try to go beyond this gap of knowledge, highlighting if responses to pharmacological treatments could be different in males and in females, and taking into account physiologic variations that affect women according to cycles of reproductive life, age and use of estro-progestinic drugs. The aim of this book is to provide the main concepts of gender pharmacology, to underline that women should not be considered, even from a clinical or pharmacologic point of view, as "little men".

## Contents

- Introduction
- Preface
- Gender blindness
- Gender bias and randomised clinical trials
- Drugs consumption: gender differences
- Pharmacokinetics and pharmacodynamics: gender differences
- Principles of gender pharmacotherapy
- Adverse drug reactions: gender differences
- Reference
- Glossary

## Authors

**Flavia Franconi.** Full Professor of Pharmacology, University of Sassari, Italy

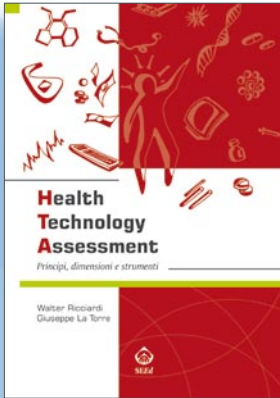
**Simona Montilla.** Researcher in Pharmacology and Toxicology. Italian Medicines Agency (AIFA) Research Centre, Rome, Italy

**Stefano Vella.** Director, Department of Therapeutic Research and Medicines Evaluation, Istituto Superiore di Sanità, Rome, Italy

Preface by **Carlo Riccardi.** President, Italian Society of Pharmacology

## Readership

Relevant to all the healthcare professionals: general practitioners, specialists, nurses, pharmacists, students



# HEALTH TECHNOLOGY ASSESSMENT

## Principles, Perspectives, Instruments

Walter Ricciardi, Giuseppe La Torre



In Italian

17 x 24 cm  
144 pages

E-book format:  epub,  pdf

January 2010

Printed ISBN 978-88-8968-847-2

Ebook ISBN 978-88-8968-882-3

Thanks to research and innovation, new technologies are continuously being introduced in the healthcare setting. The evaluation of efficacy, effectiveness benefits and costs of a new technology is a challenge for health systems, since its application may not produce the expected benefits, may require additional resources or may need the redistribution of existing resources. Health Technology Assessment (HTA) provides decision-makers with evidence-based information to evaluate and decide on the coverage and usage of health technologies.

This book describes the fundamental aspects of HTA, summarizes the evaluation tools and examines the effects of HTA on health systems. The purpose is to increase the awareness of HTA activities to a wide public: not only decision-makers and healthcare managers, but also clinicians.

### Contents

- Introduction
- HTA principles, definitions and historic background
- HTA evaluation: technologies, instruments
- The dissemination of HTA results
- HTA Scientific Societies, international cooperation and links

### Authors

**Walter Ricciardi.** *Institute of Hygiene, Faculty of Medicine, Catholic University of the Sacred Heart, Rome, Italy*

**Giuseppe La Torre.** *Department of Experimental Medicine, "Sapienza" University of Rome, Italy*

Preface by **Carlo Favaretti.** *President, Italian Health Technology Assessment Society*

### Readership

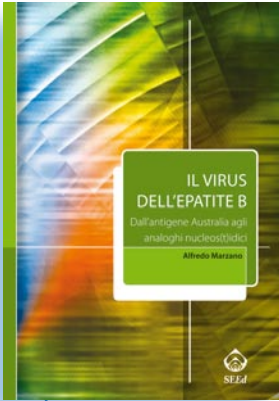
Decision-makers, healthcare managers, clinicians, students

### Sponsored Edition

Glaxo Smith Kline

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«Decision-makers and healthcare professionals involved in health technologies buying, evaluation, management and withdrawing should not miss this book». GIMBE Italian Centre for Evidence Based Medicine, *GIMBEnews*



# HEPATITIS B VIRUS

## From the Australian Antigen to Nucleos(t)ide Analogues

Alfredo Marzano



In Italian

12 x 17 cm  
128 pages

E-book format:  epub,  pdf

October 2008

Printed ISBN 978-88-8968-831-1

Ebook ISBN 978-88-8968-868-7

In the last 10 years, many advances have been made in the diagnosis and treatment of hepatitis B: new drugs have been developed and approved for use and treatment is personalized on the basis of the patient's characteristics (for example, immunosuppressed patients or HBV/HIV co-infected patients).

The text is a concise and schematic compendium of current knowledge about hepatitis B, updated with recent guidelines, and provides recommendations concerning diagnosis, effective treatment and management of resistances.

### Contents

- Introduction
- History
- Infection and resistances
- HBV transmission
- The disease
- Diagnosis
- Clinical and virological definitions
- Therapeutic options
- Appendix

### Author

**Alfredo Marzano.** *Gastroenterology and Hepatology Unit, San Giovanni Battista Hospital, Torino, Italy*

### Readership

Gastroenterologists, hepatologists

### Sponsored Editions

AlfaWasserman, Gilead, Kedrion



# HIV/AIDS INFECTION AND COMORBIDITY

Giancarlo Orofino



In Italian

12 x 17 cm

96 pages

E-book format:  epub,  pdf

January 2009

Printed ISBN 978-88-8968-836-6

Ebook ISBN 978-88-8968-871-7

Thanks to the available therapeutic options, AIDS-related mortality is reduced. Nevertheless, in recent years an increase in non-AIDS-related deaths among the HIV-positive community has been recorded. As a consequence, there is an increasing need to prevent and monitor comorbidities, and an adequate management should be personalized on the specific patient.

The text, giving an overview of the most common comorbidities of AIDS/HIV, provides indications to deal with this new emergency.

## Contents

- Preface
- Introduction
- HIV/AIDS, lipodystrophy and metabolic disturbances
- HIV/AIDS and neoplastic pathologies
- HIV/AIDS and cardiovascular diseases
- HIV/AIDS and hepatitis
- HIV/AIDS and psychiatric disturbances
- Emerging comorbidities: pathologies of the bones and kidneys
- Late presenters: an atypical comorbidity

## Author

**Giancarlo Orofino.** *Infectious Diseases Unit, Amedeo di Savoia Hospital, Torino, Italy*

## Readership

Infectiologists, general practitioners

## Sponsored Edition

Boehringer Ingelheim



# IMPROVING COMPLIANCE

## Utility of Motivational Interview

Fabio Lugoboni



In Italian

12 x 19 cm

132 pages

E-book format:  epub,  pdf

November 2008

Printed ISBN 978-88-8968-834-2

Ebook ISBN 978-88-8968-869-4

«I'm against drugs». «My father smoked a pack of cigarettes daily for all his life and he died at the age of 82». «Diagnostic investigations are useless: things happen because of fate». Which physician has not heard one of these excuses from his patients, to justify the non-assumption of the therapy or the delay of a test's execution, or to avoid to stop with smoking?

The inadequate compliance (that is to say, poor adherence to pharmacological treatment or non-observance of the diagnostic and rehabilitation procedure) is one of the most common problems the physician has to manage in everyday clinical practice. Starting from techniques of motivational interview, the book examines obstacles to adherence, and gives advices to diagnose non-compliance and to improve it, enhancing the quality of the relationship with the patient and, as a consequence, the quality of assistance.

### Contents

- Introduction
- How to diagnosis non-compliance
- Improving compliance
- Motivational interview
- The relapse process
- Conclusions

### Author

**Fabio Lugoboni.** *Section of Internal Medicine and Addictive Disorders, Department of Biomedical Sciences, University of Verona, Ospedale Policlinico, Verona, Italy*  
Preface by **Alessandro Lechi.** *Department of Internal Medicine, University of Verona, Italy*

### Readership

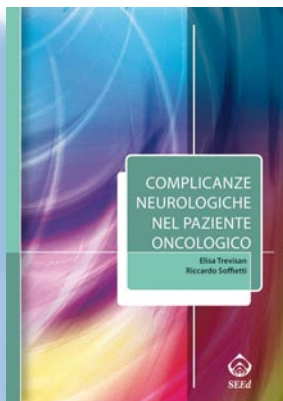
General practitioners, specialists, nurses, pharmacists, students

«Lugoboni's book clearly describe the important instrument of the motivational interview and its application in all the – frequent – cases of non-compliance» G. Bert. *Communication and Counselling Department. Institute "Change", Torino*

«**A reason to read it?** The examples of dialogues between physician and patient, expressed in a vivacious speech, are very charming. **A reason not to read it?** The list of relational errors that recurs both in the in-hospital and in the out-hospital setting is terrific. And people who live in glass houses shouldn't throw stones» F. Fantozzi, *Alcologue*

# NEUROLOGICAL COMPLICATIONS IN ONCOLOGIC PATIENTS

Elisa Trevisan, Riccardo Soffietti



In Italian

12 x 17 cm

120 pages

E-book format:  epub,  pdf

May 2009

Printed ISBN 978-88-8968-840-3

Ebook ISBN 978-88-8968-875-5

Neurological symptoms commonly occur in oncologic patients, and can negatively impact on the patient's quality of life. Many of these complications can be effectively treated, and early identification and treatment are important to improve the quality of life and survival of cancer patients. Therefore, it is very important for the physician involved in the care of cancer patients to be aware of the neurological aspects of cancer. Principally aimed at oncologists, neurologists and general practitioners, the book presents up-to-date information on the broad spectrum of neurological complications resulting from specific types of cancer and cancer treatments, elucidating practical management strategies.

## Contents

- Introduction
- Complications directly connected to cancer
- Complications indirectly connected to cancer
- Neurological manifestations caused by anticancer agents
- Neurological and psychiatric symptoms in oncologic patients

## Authors

**Elisa Trevisan.** *Division of Neuro-oncology, Department of Neuroscience, University and San Giovanni Battista Hospital, Torino, Italy*

**Riccardo Soffietti.** *Professor, Division of Neuro-oncology, Department of Neuroscience, University and San Giovanni Battista Hospital, Torino, Italy*

## Readership

Oncologists, neurologists, palliative care specialists, general practitioners

Mario Eandi,  
Lorenzo Pradelli,  
Orietta Zaniolo

FARMACOECONOMIA  
Principi di base



# PHARMACOECONOMICS

## Basic Principles

Mario Eandi, Lorenzo Pradelli, Orietta Zaniolo



In Italian

12 x 19 cm

124 pages

E-book format: epub, pdf

February 2006

Printed ISBN 88-8968-802-5

Ebook ISBN 978-88-8968-887-8

Economic issues related to the health sector have been gaining much attention in recent years, and the challenge of providing quality and comprehensive health care to a growing population has become increasingly complex. This book's aim is to introduce readers to basic principles of economics and to a set of analytical tools of economic evaluations and their application in the health sector.

The most important evaluation techniques are explained by examples: cost-minimization analysis, cost-effectiveness analysis, cost-utility analysis and cost-benefit analysis.

### Contents

- Introduction
- Scarcity of health resources
- Rational allocation of resources
- Costs and outputs
- The pharmacoeconomic evaluations

### Authors

**Mario Eandi.** *Professor of Pharmacology, University of Torino, Italy*

**Lorenzo Pradelli.** *AdRes Health Economics & Outcomes Research, Torino, Italy*

**Orietta Zaniolo.** *AdRes Health Economics & Outcomes Research, Torino, Italy*

### Readership

Healthcare professionals and Institutions, healthcare policy and decision makers, executives in Pharmaceutical Companies and Pharmacoeconomic Academics

### Sponsored Editions

AstraZeneca, Gilead, Abiogen Pharma, Amgen, AlfaWassermann, Chiesi Farmaceutici

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«The book of Dr Eandi, Dr Pradelli and Dr Zaniolo should be read by each physician who wants to be up-to-date on this fundamental topic». P. Baima Bollone, *Torino Medica*



# PHARMACOLOGICAL THERAPY

## Risks, Errors and Harms

Giulio Marcon, Emanuela Barbiero



In Italian

12 x 19 cm

112 pages

E-book format:  epub,  pdf

September 2007

Printed ISBN 978-88-8968-805-2

Ebook ISBN 978-88-8968-858-8

Medication errors are defined as any event that may cause or lead to inappropriate medication use or patient harm. Most of the medication errors can be prevented. Knowing potential errors and risks related to pharmacological therapy can help minimize mistakes and propose risk management approaches to improve patient safety. This text examines some of the most frequent types of medication errors. Case studies are described, illustrating common scenarios leading to medication errors: i.e., potential problems with medication delivery systems, unreadable prescriptions, "high risk" drugs. Each case is then analyzed to provide insight into how the medication error could have been prevented.

### Contents

- Medication errors: types of errors in pharmacological therapy; unjustified hurry and administration error; Patient-Controlled Analgesia (PCA); immediate-release nifedipine: risk of improper use; blood-components labelling error and patients identification
- Medication risks: introduction; benzocaine: to be used with caution; drugs and driving; would you like grapefruit juice?
- Prevention: errors identification; errors reporting; communication between doctor and patient and risk of mistakes; the nurses point of view: from 5R to 6R; using technology to enhance patient safety

### Authors

**Giulio Marcon.** *Professor of Risk Management, University of Padova, Italy*

**Emanuela Barbiero.** *Professor in Nursing Degree Course, University of Padova, Italy*

### Readership

Clinicians, nurses

### Other Titles Available

- **HIV/AIDS Infections. Comorbidity and Clinical Risk**  
(in collaboration with Boehringer Ingelheim)
- **Pharmacological Therapy in Rheumatoid Arthritis. Risk, Errors and Harms**  
(in collaboration with Roche)
- **Pharmacological Therapy in Headache. Risk, Errors and Harms**  
(in collaboration with Pfizer)

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«The text clearly summarizes all the phases of the so-called "drug therapy chain" that health-care professionals should consider to avoid medication errors». S. Bertagna, *NCF Notiziario Chimico Farmaceutico*



# PHARMACOKINETICS

## Usefulness in Everyday Clinical Practice

Federico Pea



In Italian

12 x 19 cm

120 pages

E-book format:  epub,  pdf

November 2007

Printed ISBN 978-88-8968-817-5

Ebook ISBN 978-88-8968-862-5

This book provides a practical introduction to the main concepts of pharmacokinetics and how they can be applied in clinical settings, without using complicated mathematical equations. Essential information on approaches to drug-dosing and monitoring in special populations, including patients with renal and hepatic diseases and elderly patients, are given. Charts, illustrations and examples of calculations are added to clarify concepts and terminology of pharmacokinetics. It's a guide for students and clinicians who want clear, useful guidance to the basic principles of pharmacokinetics and their application into clinical practice.

### Contents

- Terminology
- Pharmacokinetics and polypharmacy
- Pharmacokinetics and drug-dosing
- Pharmacokinetics and patients pathophysiology
- Pharmacokinetics and pharmaceutical technology
- Pharmacokinetics and pharmacogenetics
- Pharmacokinetics and pharmacodynamics

### Author

**Federico Pea.** *Clinical Pharmacology Institute, University of Udine, Italy*

### Readership

Clinicians, students

### Sponsored Editions

Gilead, Sanofi-Aventis

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«Not only for specialists in pharmacology, this publication makes pharmacokinetics understandable». S. Bertagna, *NCF Notiziario Chimico Farmaceutico*



# PHYSICIANS, PATIENTS AND CAREGIVERS

## Guide to an Effective Communication

Anna Maria De Santi, Iole Simeoni



In Italian

12 x 19 cm

136 pages

E-book format:  epub,  pdf

February 2009

Printed ISBN 978-88-8968-838-0

Ebook ISBN 978-88-8968-873-1

To communicate an unfavourable diagnosis, to explain changes in the therapeutic strategy, to justify the switch to palliative therapy, to clarify the results of a diagnostic investigation, to explain the need of a surgical intervention: in all these situations peculiar communications skills are needed.

Through the analysis of recommendations, guidelines and questionnaires concerning frequent communication situations in clinical practice, the book provides the basis of an effective dialogue with patients and caregivers, explaining the basis of counselling and giving some practical advices.

### Contents

- Introduction
- The communication process
- Recommendations for an effective communication
- Instruments to evaluate the communication
- The doctor's wellbeing

### Authors

**Anna Maria De Santi.** Sociologist, Public Health Agencies Training, Lazio Region, Rome, Italy

**Iole Simeoni.** Pneumologist, San Filippo Neri Hospital, Rome, Italy

### Readership

Relevant to all the healthcare professionals: general practitioners, specialists, nurses, pharmacists, students

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«The authors demonstrate that a concise text can be much more useful than a treatise in explaining the basis of effective communication» G. Bert. Communication and Counselling Department. Institute "Change", Torino



# RISK MANAGEMENT IN LUNG CANCER

Cesare Gridelli, Marco Rapellino



In Italian

12 x 19 cm

64 pages

E-book format:  epub,  pdf

May 2010

In the last years the scientific world has focused its attention on the risk management. It reveals particularly important in the medical field, where human lives are involved and the physicians are often made feel guilty for their errors, thus fomenting the concealing and not the resolution of a problem. Every step of a procedure can be improved to limit the errors in the final outcome (patient's health) and in a hospital specific methods for the risk identification have been developed: epidemiological data analysis, incident reporting, case histories and hospital discharge files analysis, and sentinel event analysis.

After an in-depth treatment of the risk management, the Authors analyse medical errors in oncology and discuss some examples of different kind of errors in the lung cancer field.

## Contents

- Introduction
- The medical error and the clinical risk management
- Medical errors in oncology
- Comments on case reports

## Authors

**Cesare Gridelli.** *Department of Oncohaematology, San Giuseppe Moscati Hospital, Avellino, Italy*

**Mario Rapellino.** *Professor, Quality and Risk Management, San Giovanni Battista Hospital, Torino, Italy*

## Readership

Oncologists, internists

## Sponsored Edition

Roche

# SHORT-TERM RESIDENTIAL PROGRAMS FOR DRUG AND ALCOHOL ABUSE TREATMENT

Ina Maria Hinnenthal, Mauro Cibin



In Italian

17 x 24 cm

200 pages

E-book format:  epub,  pdf

May 2011

Printed ISBN 978-88-8968-892-2

Ebook ISBN 978-88-8968-896-0

Alcohol and cocaine abuse and dependence, whose prevalence is increasing, need specialised and qualified interventions. To successfully recover from an addiction, residential programs may be necessary. Starting from the rehabilitation experience of Villa Soranzo, this book describes a treatment approach based not only on medication, but also on counselling, and support program participation. This approach is characterized by multiprofessional team, in which pharmacologists, psychologists and experts in cognitive behaviour work together. The final aim is to develop a patient-centred treatment, in order to improve quality and efficacy of the management of these dependences.

## Contents

- Introduction
- Residential programs: the basis
- From neurobiology to clinic: pharmacologic approach, craving and addiction
- Cognitive methods: mindfulness in the prevention of relapse, functional analysis, motivational approach
- Villa Soranzo experience: gamblers in residential settings; clinical and management aspects of Villa Soranzo; a follow-up study on Villa Soranzo patients

## Authors

**Ina Maria Hinnenthal.** *Psychiatrist, psychotherapist. Department of Addiction Medicine, Imperia, Italy*

**Mauro Cibin.** *Psychiatrist. Department of Addiction Medicine, Dolo, Venezia, Italy*

## Readership

Psychiatrists, psychologists, toxicologists, patients and caregivers



# STATIN-INDUCED MUSCULAR PAIN

Giovanni Polimeni, Maria Antonietta Catania, Alessandro Oteri



In Italian

12 x 17 cm

52 pages

E-book format:  epub,  pdf

July 2008

Statin therapy is currently the most effective lipid-lowering strategy available when diet and physical activity are insufficient. Even if current clinical evidence strongly suggests that the benefits of timely statin administration significantly outweigh the risks, the risk of adverse muscular events such as myopathy and rhabdomyolysis should not be underestimated. This book illustrates the indications, pharmacokinetics and safety profiles of the available statins and represents a useful guide to select the appropriate treatment regimen for the individual patient.

## Contents

- Introduction
- Statin-induced muscular pain
- Clinical aspects
- Pathophysiogenetic mechanisms of statin-induced muscular pain
- Pharmacokinetic aspects and pharmacological interactions as statin-induced myotoxicity cause
- How to recognize statin-induced muscular pain
- Risk factors
- Clinical management

## Authors

**Giovanni Polimeni.** *Specialist in Pharmacology. IRCCS Centro Neurolesi "Bonino-Pulejo", Messina, Italy*

**Maria Antonietta Catania.** *Specialist in Toxicology. Clinical and Experimental Department of Medicine and Pharmacology, University of Messina, Italy*

**Alessandro Oteri.** *Clinical and Experimental Department of Medicine and Pharmacology, University of Messina, Italy*

## Readership

Cardiologists, diabetes specialists, general practitioners

## Sponsored Edition

Novartis



# THE ELDERLY DIABETIC PATIENT

## A Multidisciplinary Managing Approach

Claudio Marengo, Marco Comoglio, Andrea Pizzini



In Italian

12 x 17 cm

104 pages

E-book format:  epub,  pdf

July 2008

Printed ISBN 978-88-8968-822-9

Ebook ISBN 978-88-8968-864-9

The management of diabetes in the elderly is a challenging task, due to its high prevalence in this age group, its long course, the variety of complications and the emotional and psychological consequences typical of chronic illnesses. Written by a multidisciplinary team of clinicians working with diabetic patients, the book gives hints for the proper management of this difficult patient population, describing duties and responsibilities of each specialist involved in the process of care. **The Elderly Diabetic Patient** is intended to aid practical decisions, but also to stimulate an effective cooperation and dialogue among clinicians intervening at different stages of the long-lasting treatment of the elderly diabetic patient.

### Contents

- Introduction
- Managing diabetes in elderly patient: distinctive features and goals
- Diagnostic criteria
- Diagnostic and therapeutic paths
- Treatment
- Practical advices on how to exert patient rights

### Authors

**Claudio Marengo.** *Internal Medicine Director, Santa Croce Hospital, Moncalieri (Torino), Italy*

**Marco Comoglio.** *Diabetes specialist, ASL To5, Moncalieri (Torino), Italy*

**Andrea Pizzini.** *General practitioner, ASL To2, Torino, Italy*

### Readership

General practitioners, diabetes specialists and internists

### Sponsored Edition

Abiogen Pharma

«This concise handbook, realized with the cooperation of healthcare professionals involved at different levels in medical care of diabetic patients, does not omit any of the key aspects of the assistance process, providing a valuable reference for the ambulatory clinical activity. Completed by many practical, easily applicable examples, the book is the starting point to improve a patient-centred communication between healthcare professionals» R. Feroldi, *Il Giornale del Medico*



# THE PATIENT WITH DIABETES AND CHRONIC HEPATOPATHY

Alessandro Grasso



In Italian

12 x 17 cm

128 pages

E-book format:  epub,  pdf

September 2010

Printed ISBN 978-88-8968-846-5

Ebook ISBN 978-88-8968-881-6

Diabetes mellitus and chronic hepatopathies comorbidity is common in a large amount of patients, but it is seldom analyzed in available published papers.

This book provides a concise but complete overview on this topic, analysing the pathogenetic role of insulin resistance, the connection between obesity, metabolic syndrome and hepatopathies and the association between hepatitis viruses and diabetes. The text mainly focuses on the importance of early detection of metabolic complications in hepatopathic patients or of hepatic damages in diabetic patients. It is therefore an useful tool to manage diagnostic and therapeutic difficulties that arise in everyday practice.

## Contents

- Introduction
- Insulin-resistance as hepatic damage mediator: the pathogenesis
- Diabetes and hepatopathies: clinical manifestations
- Diabetes and chronic hepatopathy: prognostic significance
- Diabetes type 1 and hepatopathies
- Diabetic patient with suspected hepatopathy: diagnostic approach
- Diabetic patient with chronic hepatopathy: therapeutic strategies

## Author

**Alessandro Grasso.** *Internal Medicine and Gastroenterology, Department of Medical Sciences, San Paolo Hospital, Savona, Italy*

## Readership

Diabetes specialists, hepatologists

## Sponsored Edition

Abiogen Pharma



# THROUGH THE LOOKING-GLASS

## Reading, Analyzing, and Evaluating Clinical Trials

Giovanni Pomponio



In Italian

12 x 19 cm  
120 pages

E-book format:  epub,  pdf

March 2008

Printed ISBN 978-88-8968-819-9

Ebook ISBN 978-88-8968-863-2

‘That’s the way it’s done,’ the Queen said with great decision: ‘nobody can do two things at once, you know. Let’s consider your age to begin with -- how old are you?’

‘I’m seven and a half, exactly.’

‘You needn’t say “exactly”,’ the Queen remarked. ‘I can believe it without that. Now I’ll give you something to believe. I’m just one hundred and one, five months and a day.’

‘I can’t believe that!’ said Alice.

‘Can’t you?’ the Queen said in a pitying tone. ‘Try again: draw a long breath, and shut your eyes.’ Alice laughed. ‘There’s no use trying,’ she said ‘one can’t believe impossible things.’

‘I dare say you haven’t had much practice,’ said the Queen. ‘When I was your age, I always did it for half-an-hour a day. Why, sometimes I’ve believed as many as six impossible things before breakfast. There goes the shawl again!’

[Lewis Carroll. *Through the looking-glass, and what Alice found there*]

Can we trust the results of clinical trials? To comprehend the results of a randomized controlled trial (RCT), readers must understand its design, conduct, analysis and interpretation. Written by clinicians for clinicians, this book aims to help assessing the methodological quality of published papers, and to reach a full understanding of the ways in which trials results are presented.

### Contents

- Introduction
- Clinical research
- Preliminary evaluation of clinical trials
- Analysis of the methodology of the study
- The results
- Structured abstract and statement

### Author

**Giovanni Pomponio.** *Institute of Internal Medicine, University of Ancona, Italy*

### Readership

Clinicians, students

### Sponsored Editions

Astellas, Amgen Dompé, GlaxoSmithKline, Baxter

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«“Can we trust the results of clinical trials?”: this is the question. This handbook, written by clinicians for clinicians, tries to answer this essential question that arises daily in every physician who have to apply the results of clinical papers into everyday practice» *Torino Medica*



# UNUSUAL SIGNS AND SYMPTOMS IN NEUROLOGY

Maria Teresa Giordana, Andrea Calvo



In Italian

12 x 17 cm

72 pages

E-book format:  epub,  pdf

September 2008

Printed ISBN 978-88-8968-830-4

Ebook ISBN 978-88-8968-867-0

Signs and symptoms related to neurologic diseases are various and sometimes strange. The neurologist, but also the general practitioner and all the clinicians that can assist a neurologic patient, could find it difficult to interpret these symptoms and reach the correct diagnosis. This book provides a selection of the most important unusual signs and symptoms which subtend a neurologic disorder. Each sign is described in concise way (one sign/one page): a full description of the symptoms as experienced by the patient is given, followed by its clinical meaning, the diagnosis and therapeutic approach.

## Contents

Some of the unusual symptoms described are:

- A temporary amnesia
- Seeing a shining and punctiform light
- Crocodile tears
- A hand that moves on its own account
- The sensation of walking on the eggs
- The sensation of a decupled life

## Authors

**Maria Teresa Giordana.** *Department of Neurosciences, University of Torino, Italy*

**Andrea Calvo.** *Department of Neurosciences, University of Torino, Italy*

## Readership

Neurologists, general practitioners



# UNUSUAL SIGNS AND SYMPTOMS IN PAEDIATRICS

Chiara Giovannozzi



In Italian

12 x 17 cm

80 pages

E-book format:  epub,  pdf

May 2007

Printed ISBN 978-88-8968-804-5

Ebook ISBN 978-88-8968-857-1

This book offers to the paediatrician a valuable help in the interpretation of those signs and symptoms which, even if unusual and rare, are pathognomonic of a specific disease, and are therefore important to address the clinician to the correct diagnosis. Each sign is described in concise way (one sign/one page): a full description of the symptoms as experienced by the patient is given, followed by its clinical meaning, the diagnosis and therapeutic approach.

## Contents

Some of the unusual symptoms described are:

- Body smell of mould or mouse
- Big wish of salty snacks
- A comfit on the chest
- Blue urine
- A polka-dot (blue) child
- Skull as a table-tennis ball

## Author

**Chiara Giovannozzi.** Paediatrician, Carmagnola Hospital (Torino), Italy

## Readership

Paediatricians, general practitioners



## SPORT SERIES



In Italian

12 x 17 cm

E-book format:  epub,  pdf

Is swimming adequate for diabetic individuals? What precautions should be taken by athletes with asthma? Do I have to give up sports after an epileptic crisis? What's athletic anorexia? "Sport Series" books answer questions like these. They are written both for clinicians, who have to suggest the right physical activity to their patients, and for patients who want to improve their quality of life.

### Authors

**Gian Pasquale Ganzit** and **Luca Stefanini**. *Sports Medicine Institute, Torino, Italy*

### Titles

- **Gynaecological Diseases and Physical Activity**  
64 pages - September 2008 - ISBN 978-88-8968-829-8
- **Rheumatic Diseases and Physical Activity**  
64 pages - June 2008 - ISBN 978-88-8968-826-7
- **Urological Diseases and Physical Activity**  
80 pages - May 2008 - ISBN 978-88-8968-820-5
- **Neurological Diseases and Physical Activity**  
80 pages - March 2008 - ISBN 978-88-8968-818-2
- **Diabetes and Physical Activity**  
56 pages - January 2008 - ISBN 978-88-8968-816-8
- **Lung Diseases and Physical Activity**  
64 pages - December 2007 - ISBN 978-88-8968-812-0
- **Cardiovascular Diseases and Physical Activity**  
64 pages - 2nd ed. January 2010 - ISBN 978-88-8968-811-3

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«This popular but reliable series is enjoyable by everyone who, suffering from a disease, would like to choose, with a medical support, a proper physical activity». N. Ferraro, *Torino Medica*

# SEEd FOR PATIENTS



In Italian

SEEd proposes a wide choice of Patient Information Booklets: from clinical to normative aspects, these booklets provide a easy-to-read guide that allows patients and caregivers to better manage their disease. Distributed to the patient through the general practitioner or the specialist, these booklets are also an useful tool to improve patient-doctor communication. Some of these booklets include charts, with dietetic schemes or exercise advices, that can be given to the patient.

## Some of our Titles

Booklets:

- Alzheimer Disease: Legal and Bureaucratic Aspects
- Alzheimer Disease: Medical Care and Assistance
- Alzheimer Disease: Relationship and Communication with the Patient
- Cancer Patient's Rights
- Colorectal Cancer: Diet and Prevention
- Diet. Practical Guide to Loose Weight with a Balanced Diet
- Dialytic Patients. Patient's Rights and Normative Aspects
- Estroprogestinic Hormones and Hydric Retention
- Fatigue Management in Multiple Sclerosis
- Hypertension and Lifestyles
- Living with Parkinson: Legal and Bureaucratic Aspects
- Medical Care and Treatment of Parkinson Patient
- Medical Care and Treatment of Vascular Dementia
- Migraine: Advices for the Patient
- Practical Advices on Diet and House Environment for Parkinson Patient and his Relatives
- Reumathoids Arthritis. A Practical Guide to Methotrexate Subcutaneous Administration
- Seropositivity and Patient's Rights. A Brief Practical Guide
- Vascular Dementia: Patient's Rights
- Vascular Dementia: Relationship and Communication with the Patient

Booklets with Charts:

- Cardiovascular Risk Control and Behavioural Therapy in Hypertensive Patient
- Constipation Management in Pregnancy
- Dyslipidemia: Practical Suggestions for the Patient
- Food-to-allergy Interactions. Practical Advices
- How to Assume HAART Therapy. Illustrated Charts for Patients
- Osteoporosis and Diet: Optimum Calcium Intake
- Osteoporosis and Physical Activity
- Rational Approach to Patient at Risk for Acid-Related Disorders
- Respiratory Allergies (Rhinitis and Asthma) and Diet
- Sodium and Hypertension



## **CMI** Clinical Management Issues



In Italian

e-Journal published quarterly  
Established: 2007  
<http://cmi.edizioniseed.it>  
ISSN 1973-4832

**Clinical Management Issues** is a peer-reviewed online journal, that mainly publishes original case reports, covering all therapeutic areas of medicine.

The aim of the published case reports is to expand medical knowledge, allowing a better explanation of the practical application of a clinical guideline, or including an up-to-date review of medical knowledge in that field, or helping doctors to make better decisions in a “grey area”, or explaining how to manage a disease with an integrated approach between different specialists involved.

CMI also publishes unusual case reports (i.e. unusual side effects or adverse interactions involving medications, unexpected or unusual presentations of a disease, etc.), original research and drug profiles.

### **Website**

All the case reports are published in an online database and are available at:  
<http://cmi.edizioniseed.it>

### **Readership**

General practitioners and specialists



## REVIEWS IN HEALTH CARE



In English



In Italian

e-Journal published quarterly

Established: 2010

<http://journals.edizioniseed.it/index.php/rhc>

ISSN 2038-6699

**Reviews in Health Care** is an open access, peer-reviewed general-interest biomedical journal. It publishes mainly narrative and systematic reviews. Topics covered range from pharmacologic treatments to disease managements. Also economic evaluation surgical procedures or laboratory or epidemiological methodologies and techniques are of interest to the journal. The main goal of *Reviews in Health Care* is to bridge the gap between medical disciplines, so that researchers in the different fields become aware of the need of the clinicians, and clinicians in turn are kept abreast of the frontiers of research. That's why this journal provides a comprehensive coverage of a broad range of medical fields, to ensure an update on advances across the whole spectrum of healthcare disciplines.

### Website

All the articles are available in open access (in html) on the website:

<http://journals.edizioniseed.it/index.php/rhc>

### Indexed in

DOAJ - Directory of Open Access Journals, JewJour - Electronic Journals and Newsletters, Ulrich's Periodicals Directory, wiki.openarchives, Open Archives and Science Gate

### Readership

General practitioners and specialists

# DRUGS INTERACTIONS

## Pocket Reference Booklets



In English



In Italian



Drugs interactions can frequently cause adverse events or lost in efficacy of the drug. SEEd provides, in a concise and accurate quick-reference format, a tool that allows healthcare professionals to check prescriptions for possible drug-to-drug interactions. Divided on the basis of therapeutic area, these reference booklets are based on relevant published sources, including clinical studies, reviews, and drugs' summaries of product characteristics.

### Some of the Published Titles

- Antidepressants Interactions  
*(in collaboration with Lilly)*
- Cardiovascular Drug-drug Interactions  
*(in collaboration with Mediolanum farmaceutici)*
- Interactions and Doses of Injectable anti-Gram+ Antibiotics  
*(in collaboration with Pfizer)*
- Interactions between Antihypertensive Drugs and Associated Drugs  
*(in collaboration with DOC Generics)*
- Interactions among Anti-thrombotic Agents, Fibrinolytic Agents and Associated Drugs  
*(in collaboration with AlfaWassermann)*
- Interactions among Benzodiazepines, Food and Associated Drugs  
*(in collaboration with Wyeth)*
- Interactions between Drugs for Migraine and Associated Drugs  
*(in collaboration with GSK)*
- Interactions between Tramadol and Associated Drugs  
*(in collaboration with Viatrix)*
- Interaction of Oral Antidiabetics  
*(in collaboration with Takeda)*



## **SMS – SEEd MEDICAL SCORE** **Calculator Application for Mobile**



In English



In Italian

SEEd Medical Score is a software for the calculation of medical score designed for the mobile. SEEd Medical Score is a fast and simple tool that help physicians in patients' management: it puts together the scientificity of medical algorithms with the easy use of the mobile. SEEd Medical Score can be downloaded from the dedicated website connecting a phone or a mobile device with PC using Bluetooth, infrared or USB cable. Once downloaded, the software can be proceeded and used without any Internet connection.

### **Available Scores**

- GIST's Risk Assessment allows to estimate the risk of metastatic relapse in patients with gastrointestinal stromal tumors using mitotic count and tumor size as main prognostic factors (in collaboration with Novartis)
- Ishak Score Calculator allows to assess the severity of liver lesions on the basis of the degree (grading) and stage of inflammation (staging) (in collaboration with Gilead)
- Risk Assessment in CML allows to identify the risk of progression of chronic myeloid leukemia, by calculation of Sokal score and Euro score (in collaboration with Novartis Oncology)
- Mirels Score Calculator allows to estimate the risk of pathological fractures in patients with bone metastases (in collaboration with Novartis)
- Cardiovascular Risk Calculator allows to estimate the probability of a first major cardiovascular event (myocardial infarction or stroke) in 10 years (in collaboration with Novartis)

### **Calculation Tools also Available (for CD rom, Internet or mobile)**

- BODE Index. The BODE index is a predictor of survival after lung surgery reductive and frequency of relapses (in collaboration with Novartis)
- Pediatric Hypertension. A calculation program to assess the extent of hypertension in children, based on age, sex and height (in collaboration with Abiogen Pharma)
- Pediatric Obesity. A calculation program to assess the extent of overweight in children, based on BMI percentiles (in collaboration with Abiogen Pharma)
- Risk assessment in GIST according to the criteria developed by Miettinen and Lasota allows to estimate the potential risk of metastasis or tumor related death in patients with gastrointestinal stromal tumors using mitotic index, tumor size and tumor site as main prognostic factors. Website <http://gist.seedmedicalscore.com>

# VITAMIN D DEFICIENCY

## Discovering the Benefits of Vitamin D



In Italian

CD rom  
July 2009



Adequate vitamin D levels (25(OH)D serum levels > 75 nmol/l) are essential to maintain skeleton mineralization, to improve equilibrium sense and muscle function, to decrease the risk of falls and fracture, and to enhance efficacy of osteoporosis drugs.

Vitamin D levels > 80 nmol/l are desirable for osteoporosis prevention and avoidance of extraskeletal risks such as cancers, cardiovascular diseases and hypertension, diabetes, autoimmune and infectious diseases.

This CD rom illustrates vitamin D physiology and its skeletal and extraskeletal beneficial effects. Moreover it provides utility tools for classification of serum level of vitamin D, conversion from IU to number of drops of vitamin D3, and the graphic visualization of skeletal and extraskeletal risks.

### Contents

- Vitamin D
- Forms of vitamin D
- Biosynthesis of the active metabolites
- Food sources of vitamin D
- Vitamin D requirement
- Deficiency
- Skeletal effects
- Extraskeletal effects

### Utility Tools

- Classification of serum levels
- Equivalence of doses
- Skeletal and extraskeletal effects

### Readership

General practitioners

### Sponsored Edition

Abiogen Pharma

# HEPATITIS B

## Patient's Management

Alfredo Marzano



In Italian

CD rom  
May 2009

The CD rom provides an essential support for the treatment of patients with hepatitis B. Following an introduction that describes etiological and pathological aspects of hepatitis B, the Author discusses all the available treatment options for hepatitis B and the indications to treatment according to European guidelines. The "Patient's Management" section of the CD rom illustrates the diagnostic-therapeutic algorithm for patients with hepatitis B, whereas the "Slide Set" section highlights the practical management of the disease, through examples related to specific types of patients.

### Contents

- Hepatitis B
- Etiological and pathological aspects of hepatitis B
- Treatment options and indications to treatment according to European guidelines [EASL, 2009]
- Patient's management: diagnostic-therapeutic algorithm; clinical examinations for baseline evaluation; virological categories in terms of serum markers and hepatic activity
- Slide Set: case reports concerning three specific types of patients with hepatitis B

### Author

**Alfredo Marzano.** *Gastroenterology and Hepatology Unit, San Giovanni Battista Hospital, Torino, Italy*

### Readership

Hepatologists

### Sponsored Edition

Gilead

# PSORIASIS AND DIET

## Practical Advices for Patient's Management

Giampiero Girolomoni, Vilma Caudera

CD rom  
May 2008



In Italian

It has been estimated that an adequate diet may be of real utility in the treatment of psoriasis. The aim of the CD rom is to provide information about foods more suitable for the person with psoriasis. In addition to a theoretical Section, which shows the importance of the management of psoriasis and illustrates the selection of nutrients in the psoriatic patient, the CD rom is enriched by a practical Section, that allows the download of dietary patterns personalized for various types of patients with psoriasis.

### Contents

For the Physician

- Introduction
- The choice of foods
- Polyunsaturated fatty acids
- Gluten
- Folate and vitamin B12
- Alcohol
- Antioxidants
- Vitamin D

Example of Diets

- Patient with psoriasis
- Patient with psoriasis and diabetes and/or obesity
- Patient with psoriasis and celiac disease
- Patient with psoriasis and hypertension
- Maintenance of the weight
- Physical activity advices
- Healthy diet advices

### Authors

**Giampiero Girolomoni.** *Department of Biomedical and Surgical Sciences at the University of Verona, Italy*

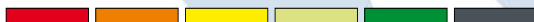
**Vilma Caudera.** *Department of Dietetics and Clinical Nutrition. San Giovanni Battista Hospital, Torino, Italy*

### Readership

General practitioners

### Sponsored Edition


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